

Summer holiday packing checklist



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Number of days _____ Numbers of nights _____ Laundry facilities YES/NO Self-catering YES/NO

MOM

- Dresses
- Skirts
- Jeans
- Shorts
- Tops
- Sleepwear
- Underwear
- Socks
- Bras
- Rainwear
- Something warm
- Something smart
- Fitness/exercise gear
- Swimming costume

DAD

- Shorts
- Long pants
- Shirts
- T-shirts
- Smart-casual shirts
- Sleepwear
- Underwear
- Socks
- Rainwear
- Something warm
- Something smart
- Fitness/exercise gear
- Swimming costume

KIDS

- Shorts
- Long pants
- T-shirts
- Dresses/skirts
- Sleepwear
- Underwear
- Socks
- Vests
- Rainwear
- Something warm
- Something smart
- Fitness/exercise gear
- Swimming costume

SHOES

- Everyday shoes
- Walking/running/hiking shoes
- Sandals/flip-flops
- Smart shoes

OTHER CLOTHING ITEMS TO REMEMBER

- | | |
|--------------------------|--------------------------|
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MANUFACTURERS ASSOCIATION OF SOUTH AFRICA (PAMSA)

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ACCESSORIES

- Masks
- Sun hat/cap
- Umbrella
- Belts
- Jewellery
- Handbag/s
- Collapsible carry/tote bags

LAUNDRY STUFF

- Washing powder/liquid
- Stain remover
- Laundry bag/collapsible basket
- 3-1 laundry pods

TECH

- Cell phone
- Laptop/tablet
- Chargers
- Plug adaptors
- Torches
- LED Lights
- WiFi

TOILETRIES

- Toothbrush
- Toothpaste
- Dental floss
- Soap/bodywash
- Deodorant
- Face wash/cleanser
- Moisturizer
- Shampoo
- Conditioner
- Hairbrush/Comb
- Hairstyling tools
- Sunscreen
- After sun lotion
- Talcum powder (beach sand removal)
- Contact lenses & lens solution
- Shaving supplies
- Makeup
- Makeup remover
- Feminine-hygiene products
- Nail file/clippers/tweezers
- Hand sanitizer
- Toilet rolls
- Air freshener

FIRST AID / MEDICINES

- Antiseptic ointment
- Antiseptic solution
- Bandages and plasters
- Chronic medication/Birth control
- First aid kit
- Insect repellent
- Medications
- Pain meds (paracetamol/ibuprofen)
- Thermometer
- Tummy meds
- Vitamins

OTHER ITEMS

-
-
-
-
-
-
-

PAPER

MANUFACTURERS ASSOCIATION
OF SOUTH AFRICA (PAMSA)

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KITCHEN COMFORTS

- Dish cloths
- Scourer
- Dish towels
- Dishwashing liquid
- Rubber gloves
- Bleach
- Soap powder
- Plastic bags
- Dustbin bags
- Matches
- Charcoal
- Firelighters

UTENSILS

- Flask
- Plastic containers
- Potato peeler
- Sharp knife
- Tin opener
- Tinfoil/cling wrap
- Paper towel
- Water bottles

DRINKS

- Bottled water
- Soft drinks
- Cordial/juice
- Alcohol

CONDIMENTS AND STAPLES

- Bread
- Breakfasts and cereals
- Butter/margarine
- Coffee
- Flour
- Jam
- Mayonnaise
- Milk
- Oil
- Pasta
- Peanut butter
- Rice
- Salt/pepper/spices
- Sugar
- Sweetener
- Tea
- Tomato sauce

VEGGIES AND FRUIT

- Cooking veggies
- Garlic
- Lemons
- Onions
- Potatoes
- Salad veggies
- Snacking fruit

COLD STUFF

- Ice packs
- Cheese
- Eggs
-
-
- Meat
- Yoghurt

SNACKS AND NIBBLES

- Biscuits
- Chips
- Crackers
- Pickles
- Sweets

